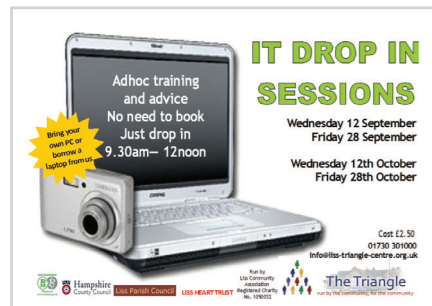


What's on at The Triangle?



The sessions are run by a team of friendly volunteers Julie Head, Geoff Brighton, Elaine Clarke and Jenny Spouse.

In praise of the IT Clinic

I have never had formal training and the benefits of the Drop In centre is asking questions about things I have never learned. For example how to attach a document to emails. It is like belonging to a friendly club.

Fitting together all the gaps in my knowledge and building up my confidence. It is wonderful having specific experts working with Photoshop and emails etc.

I can't wait to get to the next session it has been so helpful and friendly.

Anne Jones

New Look Café

Work began on the refurbishment of the café with trustees and volunteers moving everything from the café to the classrooms. The Front classroom was transformed into a temporary café to keep our regulars refreshed, while the back classroom became a store.

After a steady stream of builders, carpenters, plumbers, electricians and painters to the Café it wasn't long before it was completed with a fresh up to date look! We hope you will like our new look and look forward to seeing you here!



Sara's Lunchtime Kitchen

Sara has been open since September 2011 and specialises in serving lunches using local fresh produce at reasonable prices. There is a very relaxed atmosphere and there are several regulars who visit weekly!

Sara serves light lunches Tuesday to Thursday every week except during August. Her lunches include a variety of sandwiches and paninis, jacket potatoes, fresh soups, pasta and seasonal specialities. Sara is pleased to cater for those with food allergies or special requirements

Sara's Lunchtime Kitchen reopens on 4th September

The Triangle Café is the centre of life in Liss. Every morning it is packed with young mums and children, cyclists, and the people of Liss – it's the place to find out what's going on.

The coffee bar is run by volunteers and if you can spare one morning a month we would love to have your help.

Please contact **892665** if you are interested.

Various clubs and classes going on throughout the week...

Adult Education Classes:

New classes starting in September
French and Italian for beginners
Exploring in Paint (and other media)
Please see the website for details

Art Classes

Petersfield Arts & Crafts Society
Liphook & Bramshott Arts & Crafts, Learn to Paint
Watercolour Painting
Exploring in Paint & Other Media

Children & Young People

Child Health Clinic
Triangle After School Club
Triangle Pre School
Parent & Toddler Groups
Woodcraft Folk

Fitness & Wellbeing

Qigong
Yoga
Zumba
Liss Runners
Walking for Health
Song Club

Special Interest Groups

East Hampshire Self Sufficiency
Liss Area Historical Society
Liss Horticultural Society
Liss Knitting Club
Liss in Stitches
Liss Investment Club
Liss Bridge Club
Liss Archaeology Group
Genealogy Group

Bridge players

A note for your diary. The next Bridge Tea is on Friday 16th November. See you there!

Triangle News

The newsletter of Liss Community Association

Autumn 2012

So much going on! Check out all of the clubs and classes that are running at The Triangle

Missing in Action - 10th November
A Proteus Production



ANNUAL EXHIBITION

ARTS AND CRAFTS AT THE TRIANGLE CENTRE

31 OCTOBER – 4 NOVEMBER 2012

See inside for further details



Painting by John Starling
Also featured in The Triangle 2013 calendar



Back by popular demand!

Nearly New Baby and Child Fair

Our next nearly new sale of baby and children's clothes, equipment and toys will be on Sat 27th Oct.

This is the perfect opportunity to have a clear out and sell any unwanted items that are too good just to throw away, make some extra money in the process and buy some early Christmas presents at a fraction of the cost of brand new. The sale will be open 9.00am – 12 noon. Refreshments will be available from the Coffee Bar. Tables can be hired for £7.50 and Rails if required can be arranged for £2.50. If you're interested please contact us on **01730 301 000** or www.liss-triangle-centre.org.uk to reserve your space.

Cinema Improvements

We are really pleased to be able to tell you about our new and improved cinema experience here at the Triangle.

Over the summer break we have responded to feedback and upgraded the sound and hearing loop system, fitted an electronic screen and invested in 80 brand new chairs, all to enhance the experience of our loyal audience members and to increase the number of cinema showings. This also means that we will be producing our first Film Festival in February 2013!

We will be launching the new and improved cinema experience with our first film of the season The Best Exotic Marigold Hotel on Sat 22nd September

If you are one of our loyal audience members then I hope you approve of the changes and if you've never been to a cinema night before then why not experience an enjoyable evening on your doorstep and support your local community.

Tickets can be bought from the office at £6 or on the door (if available) at £7. You can also reserve tickets on 01730 301000 or www.liss-triangle-centre.org.uk

Refreshments are available in the intermission including New Forest ice-creams.



Volunteer News



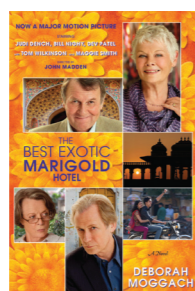
Eileen & Rita

Eileen North and Rita Sanderson were nominated for this special Community First Award recognising 60 years of voluntary work. The ceremony was held at the beautiful Chawton House on a lovely sunny evening. Eileen and Rita were both surprised but very pleased to receive the award.



Sat 10th Nov
Anonymous (15)

Starring: Rhys Ifans, Vanessa Redgrave, Rafe Spall and Joely Richardson



Sat 22nd Sept
The Best Exotic Marigold Hotel (12A)

Starring: Judi Dench, Bill Nighy, Tom Wilkinson, Celia Imrie, Penelope Wilton and Maggie Smith



Sat 20th Oct
Salmon Fishing in the Yemen (12A)

Starring: Emily Blunt, Ewan McGregor, Kristin Scott Thomas and Amir Waked.

We look forward to seeing you!

TRIANGLE ARTS EXHIBITION 2012

Entries are now being invited for the 2012 Arts Exhibition to be held at the Triangle from Wednesday 30th October to Sunday 4th November.

We would ask all artists to submit their entries as soon as possible, forms can be obtained from the office or down loaded from our website.

You do not need to be a member of any society to exhibit and we would particularly welcome entries of ceramics, textiles, jewellery, wood work, sculpture, felting and glassware.

The work displayed is of a very high standard and provides an ideal opportunity to buy a unique Christmas present.

Viewing times are:

Wednesday 31st October
9.30-5pm

Thursday 1st November
9.30-5pm

Friday 2nd November
9.30-9pm

Saturday 3rd November
9.30-5pm

Sunday 4th November
9.30-12.30pm



Sara Kneller



Anna Muweller

Our highly successful June Fashion Show which proved very popular with the ladies instead of football!

The Olympics came to Liss Infant School!

Matt James took along his Olympic torch for the children to see and be photographed with. Matt explained that this torch is held by the Metropolitan Police, and has 8,000 holes, to represent each of the torch carriers.

The Liss Walking 4 Health group were equally delighted to have the opportunity to take a closer look. Pictured holding the torch is walk leader Charmian Porton, chairman of the LCA, with members of the group.

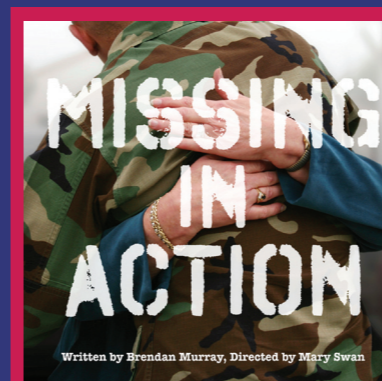
Walking for Health run regular circular walks from The Triangle twice a week on Tuesdays and Thursdays, starting at 10:15am for up to an hour.

These gentle walks are led by trained walk leaders, and the route is decided on the day, based on weather conditions and the walker's ability. Walking regularly is known to benefit both our health and well-being; newcomers can be assured of a warm welcome within a small friendly group.



Missing in Action

Written by Brendan Murray
Directed by Mary Swan
(15+ contains some strong language)



10th November

This is the story of two friends who join the Army...

.When he joined up. I couldn't see him sticking it. He'd never stuck at anything. But he stuck at this. It's true what they say: it does make a man of you. Well, it made a man of him. When I saw him in his uniform! I don't mind telling you, if I'd been any prouder I think I'd have burst.

How for one of them the war ends... ..

You try not to think about it. What it must be like for them. What they're going through. But there it is on the news; in the papers. And when you hear that the family's been informed. Your heart goes out to them, it does truly.

How for the other the war goes on...

I know this sounds terrible - a terrible thing to say - but for them as died, well the war's over; isn't it? They can rest in peace. But there's no rest for him. He's fighting a war of his own now. And God only knows when that'll end. Or even if.

Based on the testimony of retired and serving Service personnel and their families, **MISSING IN ACTION** looks back to the First World War and forward to an uncertain future to explore the often overlooked and widely misunderstood phenomenon of Post Traumatic Stress Disorder and how it impacts on the lives of all those affected by it.

Tender, tough and never less than touching.