

# Triangle News

The newsletter of Liss Community Association

Autumn 2013

## Autumn Events at the Triangle

**Friday 13 September at 7.30pm – Call My Bluff**  
Wine Tasting. Tickets £10

Another great new event when you can have a fun evening sampling wines and pit your wits against our sommeliers. A must for all wine lovers!

**Saturday 14 September at 7.30pm**  
Liss Has Talent

An exciting evening of variety from a cross section of talented local performers of all ages. Singers, dancers and musicians will provide you with a great night's entertainment! Tickets £6 adult, £3.50 child.



**Wednesday 2 October at 7.30pm – Fashion Show with Travelling Trends**

Our popular annual show returns this Autumn to give you the latest designs. Cocktails will be served at the bar from 6.45pm. Tickets £5.

**Wednesday 30 October – Sunday 3 November**

Annual Arts Exhibition. Entries are now invited -please download forms from our website or request a copy from the office.

**Friday 15 November – Bridge Tea – 2.00pm until 4.00pm**

Enjoy a convivial afternoon of bridge and delicious tea with fellow players. Tickets £30 per table.

**Monthly Film Nights return with a blockbuster**

See inside for details.

**Saturday 23 November**  
**7.30pm**

### CASINO NIGHT

SPONSORED BY

## Chapplins of Liss

Join us for a fantastic fundraising night of casino fun at popular gaming tables.

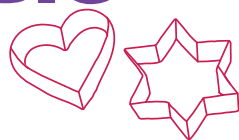


William Newell of Chapplins

Like the sound of our events?  
We need volunteers to help make these a success. Why not join our team?  
Contact **Sally Tanner** if you're interested.



# OPEN DAY AND BIG LISS BAKE OFF



A big thank you to all those who braved the early summer downpours and came to the Triangle Open Day. Many of our user groups displayed their activities and provided free taster sessions for all to enjoy, and the centre was positively buzzing!



An impressive number of amateur bakers took up the challenge and entered the first BIG LISS BAKE OFF competition, giving judges, Fiona Lynch and Sandra Berriman quite a bit to chew over in their blind tasting of the two Mary Berry recipes. Competition entries were sold after the event and went like hot cakes, raising funds for the Liss Community Association.



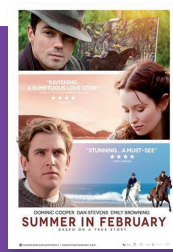
The Autumn Film Season kicks off with a cinema spectacular starring Leonardo DiCaprio, which has already been nominated for 6 awards. Not to be missed!



**September 21st**  
**The Great Gatsby**  
Doors open  
2:30pm for 3:00pm  
and 7:00pm for  
7:30pm evening.



**October 19th**  
**Behind the Candelabra**  
Doors open  
2:30pm for 3:00pm  
and 7:00pm for  
7:30pm evening.



**November 16th**  
**Summer in February**  
Doors open  
7:00pm for 7:30pm  
evening.

Tickets £6.00 adult and £3.00 child. Doors for all films unless specified open at 7pm for film at 7:30pm. Tickets are £6.00 in advance, £7.00 on the door.

## SUMMER UPDATE



We've been busy sprucing up the Hall and Annexe during the holidays and hope that on your next visit to the Triangle you will notice the fresh bright décor and smart new curtains!

Film goers will enjoy an even better cinema experience with the new projector funded from the Film Festival proceeds, together with a generous grant from EHDC.



One of the next projects we hope to undertake will be a much needed refurbishment of the cloakrooms and we're currently looking at ways of funding this major update. One initiative is via the Waitrose green token box which we hope to be awarded towards the cost of the children's toilet facilities, so please support us by looking out for it and donating your tokens.

## SARA'S KITCHEN

**Tuesday, Wednesday, Thursday**  
**12.15 – 14.00**

Freshly prepared lunches  
Look out for Sara's special food weeks during the Autumn:

September – **Mexican Week**  
October – **German "Oktoberfest"**  
November – **Sausage Week**  
December – **Nepalese Week**



Sara's kitchen



Sara's helpers



## Bryants Greengrocer

**Thursdays 08.30 – 13.00**

A weekly market of fresh fruit and vegetables held outside or in the Annexe if weather is inclement. Bryants will also deliver vegboxes locally – see their website for details

[www.thelocalvegboxpeople.co.uk](http://www.thelocalvegboxpeople.co.uk)



## MONTHLY INDOOR MARKETS

Come and see what's on offer with a great selection of crafts including ceramics, cards, preserves, photo frames, soaps and much more at our popular Saturday monthly indoor market.

**Get ahead with your Christmas shopping!**

Saturday 21 September,  
19 October and  
30 November between  
9.00 and 12.00

**THANK YOU!**

The Triangle would like to take this opportunity to thank SHILLING for all the work they do for local charities including the design and printing of this newsletter.



## NCT BABIES Liss Group

The B.A.B.I.E.S (Babies and Breastfeeding: Information, Encouragement, Support) breastfeeding drop in is now into its 8th month since its launch in Nov 2012; it is a free, mums or mums-to-be drop-in, providing unbiased, non-judgmental 1:2:1 information and support for breastfeeding.

Support is provided by experienced (DipHE) NCT qualified breastfeeding counsellors on Tuesday mornings between 9.30-11.30am. So far 26 mums and 26 babies have been given support at the drop in with 11 mums making repeated visits.

### B.A.B.I.E.S

Babies and Breastfeeding: Information, Encouragement, Support

**Weekly drop-in for free breastfeeding support for all mothers in the area**

Support provided by two qualified (DipHE) NCT breastfeeding counsellors

House Ground Rm  
Triangle Centre  
Liss GU33 7DX  
Tuesdays  
9.30-11.30am

Contact Ceri on  
01730 714940  
for more info

nct

LOTTERY FUNDED

## COFFEE BAR

**Monday to Saturday 09.30 – 12.00**

Tea and coffee, home-made cakes served in our lively venue, or sit outside in the sunny courtyard. Volunteers sought help to out. If you have a few spare hours and would like to volunteer in a very convivial atmosphere, do give us a call.

*Now recruiting!*

### COFFEE BAR VOUNTEERS

9.30 - 12.00  
Monday to Saturday

If you enjoy meeting people and want to do something special for your village, the coffee bar team needs you! For more information please call Anne Thompson on 01730 892665 or contact the Centre Manager

The Triangle

*Rise by the community, for the community*



# What's on at...

## The Triangle?

### Shiyong Tai Chi.

Health and relaxation on

Fridays starting

13 September from

1.15pm - 2.15pm.

Contact Gareth on

077 907 93859

or email

shiyongtaichi@yahoo.co.uk

for details and to book

your place.



## NEW...

### FOR THE AUTUMN

#### NEW LANGUAGE COURSES

– German beginners and intermediate; French beginners. See website for full details of all courses starting in September.

## DID YOU KNOW

that you can use the internet at the Triangle – laptop hire plus other facilities, i.e. Photocopying, laminating, etc all at reasonable rates. We also offer room hire for functions, meetings and events – call us for details.

## Party Venue Hire

Make the Triangle your preferred venue for that special party! Various rooms available, kitchen and bar facilities. Enquire at the Triangle office for details.



Various clubs and classes going on throughout the week...

### Adult Education Classes

French, Italian and German at various levels. Please see website or enquire at reception for details.

### Art Classes

Petersfield Arts & Crafts Society,  
Liphook & Bramshott Arts & Crafts,  
Learn to Paint

### Children & Young People

Child Health Clinic  
Triangle After School Club  
Triangle Pre School  
Parent & Toddler Groups  
Woodcraft Folk  
B.A.B.I.E.S

### Fitness & Wellbeing

Liss Forest Ballet School  
Yoga  
Zumba  
Liss Runners  
Walking for Health  
Shiyong Tai Chi  
Slimming World  
Reflexology

### Special Interest Groups

East Hampshire Self Sufficiency  
Liss Area Historical Society  
Liss Horticultural Society  
Liss Knitting Club  
Liss in Stitches  
Liss Investment Club  
Liss Bridge Club  
Liss Archaeology Group  
Genealogy Group  
Rogate Bowls Club Social

### GALLERY WALL

**September:** Ian Mulcaster

**October:** Lianne Tadd

**November:** Triangle After School Club

**December:** Corina Silk

### Computer course

Struggling with emails? Our two session course on 2 and 9 October will improve your skills. For further information and to book a place call 01730 301000.



Find us on Facebook!