















See inside for new cinema dates!

















## **VOLUNTEERING**





### **ABOUT THE TRIANGLE - DID YOU KNOW?**

- The Triangle offers subsidised rooms to 20 community groups
- The Coffee bar is run entirely by volunteers who give up their time to raise funds for our centre
- The management committee are all volunteers who work hard to improve and develop our centre
- The events team are all volunteers who not only raise funds but look for new social and entertaining activities for the community
- There is a range of activities on offer with something for every age range

The Triangle could not continue without the huge involvement of the Community.



### TRIANGLE EVENTS

If you would like to help out with some of our events we would love to hear from you. You do not have to be available for every event and some of the tasks we would like help with are, preparation and setting up the event, bar duty, selling raffle tickets and some cooking.



### Our key events are:

Film Festival – February Arts & Crafts Exhibition – October Quiz evening – March Village Fair – December Beer Festival – August Cinema – throughout the year.

If you can help do contact Linda Li-Davies on **01730 893829** 









Home-Start Butser

# YOU CAN MAKE A DIFFERENCE TO A FAMILY IN YOUR COMMUNITY

All parents know that those early years before children go off to school are vital in a child's life and at Home-Start we believe parents have the key role in creating a secure childhood for their children. It's just that sometimes they need a bit of help, your help. Are you a parent or grandparent with 2 - 3 hours a week to spare? Why not use your experience and skills to help local families?



Local family support charity HOME-START BUTSER recruits and trains volunteers to support families with at least one child under 5. Volunteers visit families in their own homes for 2-3 hours a week providing support and friendship. The only requirement is parenting experience. We are keen to recruit fathers and grandfathers as well as parents from diverse ethnic backgrounds.

Nicola Winter, Scheme Manager says:

"The work of Home-Start Butser's 60 volunteers has been shown to transform the lives of families and children and it is the chance to work with families that motivates people to start volunteering for us in the first place. If people don't want to train as a home visiting volunteer, we can always do with help in the office, fundraising, on our management committee, supporting our family groups or becoming an Ambassador for the charity."

For further information about volunteering for Home-Start Butser please contact the office on **01730 233755**, www.homestart-butser.org.uk, office@homestart-butser.org.uk



### 

This is a very successful club for people who need help with

**Emailing Tablets** Organising files/photographs And much more

If you have good IT skills and would like to help do contact Sally Tanner on 01730 301000 or pop into the computer club on Tuesday evenings between 5pm and 7pm to see what goes on.

### **TRIANGLE COFFEE BAR**



If you like meeting people and are happy to serve beverages this is a great place to volunteer.

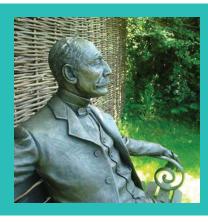
It is the hub of the centre and is used by people attending activities and the community. Our volunteers and give a fantastic service making it a friendly place to socialise. And much valued by many of its customers. If you have 3 hours to spare once a month contact Janet Crates on **01730 894085** or pop into the Coffee Bar.

### TRIANGLE AFTER SCHOOL CLUB

TASC has always supported the DoE scheme with many local young people volunteering over the past 15 years and we are always interested to hear from young people who would like to volunteer with us.

We are sad to say good bye to Annie Davis. Over the years Annie has volunteered for us as part of the Duke of Edinburgh's Award scheme. She has achieved her bronze and silver awards with us and has now just finished her volunteering for her gold award.





### **AN EVENING WITH JOHN BRIDCUT**



**Saturday 14th May** - An exclusive evening with Award-Winning Film Director John Bridcut featuring his film Elgar: The Man Behind the Mask. Tickets £10 to include film, canapes and a glass of wine.



### LARKRISE

Larkrise Friday 8th July - To celebrate the centenary of Flora Thompson's arrival in Liphook, Headley Theatre Club are touring the play Lark Rise.

The Club has a strong tradition of supporting Flora Thompson's memory, having previously toured plays written by John Owen Smith about her time in the local area. This time the play is one written by Keith Dewhurst based on the Lark Rise book, and first performed at the National Theatre in London in 1978 'in promenade' with live music. It has become popular with schools and amateur dramatic societies since then, and we are sure that you will enjoy experiencing it here in Liss.



# What's on at...

Various clubs and classes going on throughout the week...

### Health & Fitness

Liss Forest **Ballet School** Whole Body **Pilates Hey Joe Pilates** Shiyong Tai Chi

Yoga for All Walking for Health Remedial Massage Steady and Strong **Liss Community** Cycle Club

# The Triwngle?

### **DEMENTIA FRIENDLY CAFÉ**

Dementia Awareness Week is 15th May-22nd May 2016, The Triangle centre will be delivering Dementia Friends Awareness Sessions for the Staff/Volunteers and public in preparation for the opening of the Dementia Friendly Café on Thursday 19th May 2016 2pm-4pm.

Invites will be going out to the local communities and Care Homes, but everyone is welcome to come along. Please help us to make Liss a Dementia Friendly village.

### Our cafe is also open every morning

Monday - Saturday from 9.30am to 12 noon Tuesday afternoons from 2pm - 4.30pm

### THE TRIANGLE SUPPER CLUB



Taking inspiration from Hampshire, the aim of The Triangle Supper Club is to create a memorable dining experience whilst celebrating Hampshire's local produce.

The first Supper Club will be held on Saturday 23rd April at 7.30pm for 7.45pm. Local cook, teacher and creative artist Abigail Stonehouse will provide a menu with a truly British theme to celebrate St Georges Day. Menu choices will be announced shortly.

£18 for two courses and £22 for three courses excluding drinks, Liscensed Bar, Reservations 01730 301000 or www.liss-triangle-centre.org.uk Please advise of any special dietary requirements at the time of booking.

All funds raised from the sale refreshments will be donated to them.

# FORTWO

Search for The Triangle (Liss Community Association) at www.facebook.com

Liss Community Association, The Triangle Centre, Mill Road, Liss, Hampshire GU33 7DX

Tel: 01730 301000 Web: www.liss-triangle-centre.org.uk Email: info@liss-triangle-centre.org.uk

#### Interests

Liss Archaeological Liss Area Historical Society Liss Horticultural Society

**EHSS East** Hampshire Self-**Sufficiency Group** Liss Bridge Club Genealogy Group Liss Investment

### Art & Craft

**BLACS Bramshott** ല Liphook Art ല **Crafts Society** Learn to Paint PACS Petersfield Arts & Crafts Society

**Exploring in Paint** (& other Media) Watercolour Workshops with Caroline Strong Liss Knitting Club Liss in StitcheS

### Languages

### Children & Young People

Child Health Clinic NCT B.A.B.I.E.S **NCT Small Talk** Muzitots **Open Door Parent Toddler** 

Triangles **Pre-School** TASC Triangle After School Club Brownies Woodcraft **Folk Youth** Club Morgan

Centre Manager: Sally Tanner Registered Charity No: 1050032

